



TEMPORARY CROWNS AND BRIDGES

Sensitivity or Discomfort

Temporary crowns and bridges are often sensitive to chewing and/or temperature, and is a normal post-procedural condition, sometimes for the first two to three weeks. If the bite is 'off', however, the sensitivity will persist, so please call the office for an adjustment appointment.

Color & Shape

The color and shape of the temporary will most likely be slightly different from the permanent restoration. For front teeth, we will make every effort to closely match the adjacent teeth.

Diet

Avoid sticky foods as they may pull off your temporary. In addition, avoid hard foods such as candies or crusts of bread since they may fracture the temporary.

Brushing and Flossing

Brush normally, but use extreme care when flossing (or avoid completely if so advised). Place the floss normally between the teeth, but instead pull it out from the side, not back up through the contact as that motion may dislodge the temporary.

Displacement

If the temporary comes out, contact the office right away. You may attempt to replace it by using a small amount of toothpaste or denture adhesive (such as Fixodent) inside the restoration and placing it gently back over the tooth preparations. If you are unable to replace it over the teeth, please bring the temporary with you when you come in to have it recemented. Do not leave the temporary out for any extended period of time as the adjacent teeth may slightly shift and the permanent crown will then not fit into the remaining space.

Inflammation

Rinsing with warm salt water is very important to reduce inflammation in the gums. Fill an eight-ounce glass with lukewarm water, mix in a teaspoon of salt, and swish for 20 seconds once per hour for the first two days.

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